<table>
<thead>
<tr>
<th><strong>Job Title:</strong></th>
<th>First Team Rehabilitation Specialist</th>
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<tr>
<td><strong>Department:</strong></td>
<td>Senior Medical Department</td>
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<tr>
<td><strong>Based at:</strong></td>
<td>Senior Training Centre, however flexibility on location may be required.</td>
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<td><strong>Reports to:</strong></td>
<td>Head of Physiotherapy</td>
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<td><strong>Responsible for:</strong></td>
<td>N/A</td>
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<td><strong>Hours of work:</strong></td>
<td>37.5 hours per week plus any additional hours necessary for the performance of duties which may include evening and weekends.</td>
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<td><strong>Contractual Status:</strong></td>
<td>Permanent</td>
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### 1. Job Purpose:
To oversee the treatment and rehabilitation of all first team players.

To implement injury prevention programs and return to play protocols for injured first team players and to contribute to a seven day a week medical service. The First Team Rehabilitation Specialist will work closely with the Head of Physiotherapy and provide support on all tasks for the Senior Medical Department.

### 2. Duties and Responsibilities
- Implement an evidenced based and objective rehabilitation service to all members of the First Team Squad.
- Assess and treat alongside the Head of Physiotherapy, assisting in the treatment and care of the First Team Squad.
- Keep detailed daily and up to date medical records on the progress of each injured player.
- Contribute to a seven day a week treatment service to the First Team Squad.
- Assist in the cover of physiotherapist support for all first team matches / training sessions home and away.
- To proactively keep up to date with any mandatory training for the post.
- Contribute and commit to the in-house CPD programme.
- Ability to work unsociable hours and the appetite to seek work.
- Maintain standards of clinical hygiene and cleanliness.
- Help to coordinate and educate physiotherapy students within the department.
- Respect and maintain patient confidentiality at all times.
- To work in conjunction with the Sports Science Department within the first team environment
- Mentor and monitor other team members in the Senior Medical Department.
- To be responsible for the Senior Medical Department in the absence of the Head of Physiotherapy and to ensure procedures are followed in line with the Club’s policies.
### 3. Skills Required
- Excellent communication skills
- The ability to advise and motivate people
- Excellent organisational and administration skills
- Ability to conduct injury audit and in house training sessions
- Able to form good relationships with people from diverse backgrounds
- Able to deal with sensitive and confidential information regarding injured players.

### 4. Knowledge Required
- Previous knowledge and experience in the treatment and management of sports injuries
- Knowledge of massage treatment
- Knowledge of lower limb rehabilitation
- Previous experience and knowledge of the latest rehabilitation and treatment techniques

### 4. Qualifications Required:
- BSc Hons Degree in Physiotherapy or equivalent
- MSc in Sports / Physiotherapy or willing to work towards
- Member of the HCPC and CSP
- FA AREA Qualification
- First Aid Qualification
- To hold a valid UK driving license (desirable)
- Previous experience of implementing rehabilitation to high performance athletes

### DBS Check Required:
Yes

The document is a guide only and should not be regarded as exclusive or exhaustive. It is intended as an outline indication of the areas of activity and will be amended in the light of changing needs of the organisation.

**How to Apply**
Due to high-levels of interest, this post might close early so early application is advised, otherwise the closing date is **9am on Thursday 6th July 2017**. To apply, please email your application form and covering letter to recruitment@rovers.co.uk

**Equality and Diversity**
Blackburn Rovers FC is committed to the principle of equal opportunity in employment and its employment policies for recruitment, selection, training, development and promotion are designed to ensure that no job applicant or employee receives less favourable treatment on the grounds of race, colour, nationality, religion or belief, sex, sexual orientation, marital status, age, ethnic and national origin, disability or gender reassignment.
**Safer Recruitment**

Blackburn Rovers FC is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults. The job holder will be required to undertake appropriate safeguarding checks as well as providing proof of right to work in the UK.