



# Blackburn Rovers Football & Athletic Ltd

## Job Description

<b>Job Title:</b>	First Team Rehabilitation and Clinical Specialist
<b>Department:</b>	Senior Medical Department
<b>Based at:</b>	Senior Training Centre, however flexibility regarding location is required.
<b>Reports to:</b>	Head of Physiotherapy
<b>Responsible for:</b>	N/A
<b>Hours of work:</b>	37.5 hours per week plus any additional hours necessary for the performance of duties. This will include evening and weekend work.
<b>Contractual status:</b>	Permanent
<b>1. Job purpose:</b>	To plan and coordinate the rehabilitation for all medium / long term injured first team players.
<b>2. Duties and responsibilities:</b>	<ul style="list-style-type: none"> <li>• To plan treatment, exercise therapy, objective testing in the gym and on the grass and the transition back into team training;</li> <li>• To lead and coordinate an evidenced based and objective rehabilitation service to all members of the first team squad;</li> <li>• Accountable for assessment of injured players, treatment of the injured players, rehabilitation in the gym and on the grass, off feet conditioning and objective testing;</li> <li>• To coordinate the transition of injured players into first team training in conjunction with all other members of the Senior Medical Department;</li> <li>• Attend medical consultations with injured players during their rehabilitation process when required;</li> <li>• Provide written reports and daily communication to the Senior Medical Department on the rehabilitation status of the injured players;</li> <li>• Provide treatment and preparation type exercises for fit players during the season to maintain their availability and reduce their risk of future injury;</li> <li>• Actively take a role in pre-season and mid-season medical screenings;</li> <li>• Be part of the medical team that provides emergency cover at all first team training sessions and matches home and away;</li> <li>• Liaise with the Head of Physiotherapy on a daily basis over any issues and medical concerns regarding the care of the first team squad members;</li> <li>• Respect and maintain patient confidentiality at all times;</li> <li>• Maintain standards of clinical hygiene and cleanliness within the department areas;</li> <li>• Maintain up to date daily medical records on the players that have been treated and rehabilitated under your guidance to the standards of the Chartered Society of Physiotherapy;</li> <li>• Keep up to date with any necessary mandatory training for the post; and</li> <li>• Contribute and commit to the departmental in-house CPD program.</li> </ul>
<b>3. Skills required:</b>	<ul style="list-style-type: none"> <li>• Excellent communication skills;</li> <li>• The ability to advise and motivate people;</li> </ul>



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	<ul style="list-style-type: none"> <li>• Excellent organisational and administration skills;</li> <li>• The ability to form professional relationships with people from diverse backgrounds;</li> <li>• The ability to be flexible and work unsociable hours if required;</li> <li>• IT literate;</li> <li>• Ability to mentor less senior staff to improve the knowledge base and standard of the medical service</li> <li>• Able to deal with sensitive and confidential information regarding injured players; and</li> <li>• To be able to work independently and also under the guidance of the Head of Physiotherapy when required.</li> </ul>
<b>4. Knowledge &amp; Experience required:</b>	<ul style="list-style-type: none"> <li>• Previous knowledge and experience in the diagnosis, treatment and rehabilitation of professional athletes;</li> <li>• Experience of leading a rehabilitation service in a professional sporting environment;</li> <li>• Experience of implementing objective testing on a day to day basis as part of the rehabilitation package for injured players; and</li> <li>• Experience of leading emergency aid in a professional sporting environment</li> </ul>
<b>5. Qualifications required:</b>	<ul style="list-style-type: none"> <li>• Proven track record of working in a medical environment within an elite sporting environment;</li> <li>• BSc (Hons) in Physiotherapy (essential);</li> <li>• Member of the Chartered Society of Physiotherapy (essential);</li> <li>• MSc in a related area (completion or near completion acceptable);</li> <li>• Member of the Health and Care Professions Council (HCPC) (essential); and</li> <li>• FA Level 5 ATMMiF Certificate (essential).</li> </ul>
<b>DBS check required:</b>	Yes (enhanced)

The document is a guide only and should not be regarded as exclusive or exhaustive. It is intended as an outline indication of the areas of activity and will be amended in the light of changing needs of the organisation.

### **How to Apply**

Due to high-levels of interest, this post may close early so early application is advised, otherwise the closing date for this role is **5pm on Wednesday 12<sup>th</sup> August 2020**. To apply, please email your application form and covering letter to [recruitment@rovers.co.uk](mailto:recruitment@rovers.co.uk) CV's will not be accepted.

### **Equality and Diversity**

*Blackburn Rovers FC is committed to the principle of equal opportunity in employment and its employment policies for recruitment, selection, training, development and promotion are designed to ensure that no job applicant or employee receives less favourable treatment on the grounds of race, colour, nationality, religion or belief, sex, sexual orientation, marital status, age, ethnic and national origin, disability or gender reassignment.*



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### **Safer Recruitment**

*Blackburn Rovers FC is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults. The jobholder will be required to undertake appropriate safeguarding checks as well as providing proof of right to work in the UK. The successful applicant for this role can expect to have their relevant personal information shared with key regulatory and governing bodies in football.*